

Campbell High School Band Department



2020 Return to Marching Band Health & Safety Protocols



Dear Campbell Band Families,

We are thrilled to finally be able to welcome everyone to the 2020 Campbell Spartan Marching Band! We know it is not the season anyone envisioned, but the administration, faculty, and staff of Campbell are committed to providing the best experience possible during these trying times.

The policies and procedures outlined in this handbook are the results of months of research and planning by directors across the district, the state, and even the country. It utilizes the best practices and research studies currently available, but it is a living document. Procedures may change during the season as new information and research becomes known. Student safety will be the number one priority this season, and the lens from which all activities will be viewed.

Participation in this season will be a personal choice for each student and family. Any student with COVID-19 related concerns may choose not to participate in extracurricular band activities for the 2020- 2021 academic year. A decision to not participate will not negatively affect eligibility or leadership opportunities for the following school year. Timely communication between parents and the band directors is essential in order to plan for a successful marching season for all students, so please let myself and Mr. Smith know if your child will not be participating this season due to COVID-19 concerns.

It is essential that all students familiarize themselves with the procedures and safety protocols outlined here. Students must take on the responsibility of keeping themselves and others safe when in group settings. Students who are not willing or able to follow safety protocols or guidelines will not be allowed to participate. Likewise, we will ask all adults, chaperones or staff, to follow the same safety procedures that we ask the students to follow.

Our goal with the Campbell Band is to provide life-changing, once-in-a-lifetime opportunities for students every year. We certainly hope that this year is unlike any that will follow, and we vow to do our best to make the experience as memorable and safe as possible.

As always, please feel free to reach out with questions or concerns.

Musically,

Jeremy DeWinter
Director of Bands

Methods of Communication

Zoom: used for instructional communication between the band directors and students. Also used for all CBBA Parent Meetings.

Remind: Used for all immediate reminders and notifications from directors to students and parents.

CutTime Email Blast: used for official band booster announcements and communication

CBBA 2020-2021 Facebook Group: used for parent-specific updates and announcements

Section Group Chats: every student leader will maintain an official student group chat for immediate student questions.

Spartan Band Beat – Weekly newsletter from the director with all information pertaining to the week ahead. This is distributed through CutTime and Remind every week.

Who to Contact

General CBBA Questions: CBBA Board of Director (cbbaboard@gmail.com)

Absences: Jeremy DeWinter (Jeremy.DeWinter@cobbk12.org) and Chad Smith (Chad.Smith@cobbk12.org), Guard/Percussion, please also CC your student's caption instructor

Woodwind Specific Questions: Jeremy DeWinter (Jeremy.DeWinter@cobbk12.org)

Brass Specific Questions: Chad Smith(Chad.Smith@cobbk12.org)

Percussion Specific Questions: Rasheed Hall(Rasheed.Hall@cobbk12.org)

Students/Staff/Volunteers who have had fever or cold symptoms in the previous 24 hours are asked to not participate in rehearsals. As a reminder, please contact Mr. DeWinter at Jeremy.dewinter@cobbk12.org and Mr. Smith at chad.smith@cobbk12.org to communicate any student absences.

In the event that a student or adult who has attended a band rehearsal tests positive for COVID-19, they are required to self-report to Mr. DeWinter at Jeremy.dewinter@cobbk12.org. Campbell will follow district and state protocols for reporting cases to GaDPH, and will follow GaDPH protocols in notifying any students who may have been exposed. As per all HIPPA Guidelines, confidentiality will be strictly maintained when handling any positive case notifications.

Student Rehearsal Checklist

- Mask for social distancing
- Performance Masks (provided by band) (will need temporary DIY Mask for first rehearsals)
- Bell Cover (provided by the band) (will need temporary DIY cover for the first rehearsals)
- Personal Hand Sanitizer
- Music Binder
- Lyre and Flip Folder
- Pencil
- Athletic Clothing with correct shoes
- Sunscreen
- Personal Water Jug (filled before arriving to campus)
- Towel (for stretching/conditioning)
- Personal Music Stand
- All Instrument Supplies

All instruments MUST be kept and stored at home for ALL students. No one will be permitted in the building to store or retrieve any instruments or supplies.

Rehearsal Schedules

All Rehearsals will be taking place in the Bus Lot of Smyrna Elementary School. Student Drop Off will occur in the front parking lot of SES. ***No cars can be parked on SES property. All students driving to rehearsal must park in the Stadium Parking lot of CHS!***

In order to maintain distancing when arriving to rehearsals, student will arrive and check in for rehearsal as follows:

- SLT and Percussion – 3:20 PM
- Brass – 3:30 PM
- Woodwinds – 3:40 PM
- Guard – 3:50 PM

The Rehearsal Block will run from 4:00 – 5:30 PM

Rehearsal Dismissal will occur as follows:

- Woodwinds and all student drivers – 5:30 PM
- Brass – 5:40 PM
- Percussion and Guard – 5:50 PM
- SLT – 6:00 PM

Game Schedules

The Marching Band will only be performing at Campbell Home Football Games. In order to minimize the amount of time students are together as a group, we will not follow a typical Friday Night Schedule. We will meet in the bus lot of Smyrna Elementary. All Friday Nights will follow the schedule as listed below

5:00 PM – All SLT Arrive for Game Preparation

5:30 PM – Student Check In Begins

- Percussion and Guard – 5:30PM
- Brass – 5:40PM
- Woodwinds – 5:50 PM

6:00-7:00 PM – Rehearsal Block

7:10 PM – Traditional March to the Stadium

Following the Game all students will depart from SES Bus Lot. Car Pick Up will occur in the Bus Lot as well. No students will be permitted in the building following the game. Only SLT members will assist with packing up and loading back to the Band Hall. Pick Up will occur as follows (all times approximate):

- Woodwinds – 10:30 PM
- Brass – 10:40 PM
- Percussion and Guard 10:50 PM
- SLT – 11:00 PM

No Marching Band Uniforms will be issued for the Fall. Uniform Attire for games will be:

- Shorts/Jeans
- Band Student Shirt
- Tennis Shoes
- Performance Mask provided by the band

Schedule of Events (Up to Sept. 18)

- Sept. 3 – “Test Run” Rehearsal for all SLT
- Sept. 8 – Full MB Rehearsal
- Sept. 10 – Full MB Rehearsal
- Sept. 14 – Full MB Rehearsal
- Sept. 15 – Full MB Rehearsal
- Sept. 17 – Full MB Rehearsal
- Sept. 18 – First Home Game @ Campbell High School

Rehearsal Policies and Procedures

Participation Disclaimer

Any student with COVID-19 related concerns may choose not to participate in extracurricular band activities for the 2020-2021 academic year. Any such decision should not negatively affect eligibility for the following school year. Timely communication between parents and band director is essential in order to plan for a successful marching season for all students.

Student Check-In Process

Before students may park or exit parent vehicles, they will be asked a series of short questions and their temperature will be taken (contactless). ***It is recommended that all students, staff, and chaperones "pre-screen" by answering the questions electronically before arriving at Campbell. This will be communicated in advance of all rehearsals. Rehearsal Check In for all students will be at the round-about at the end of Fleming St.***

What will be asked before each adult/student participates:

Student Name:

Have you had close contact (within 6 feet for at least 15 minutes) in the last 14 days with someone diagnosed with COVID-19, or has any health department or health care provider been in contact with you and advised you to quarantine?

Since you were last at school, have you had any of these symptoms? Fever or chills

- New cough
- Shortness of breath or difficulty breathing
- Fatigue
- New loss of taste or smell
- Sore throat
- Muscle or body aches
- Congestion or runny nose
- Headache
- Nausea or vomiting
- Diarrhea

Since you were last at school, have you been diagnosed with COVID-19?

Students/Staff/Volunteers who have had fever or cold symptoms in the previous 24 hours are asked to not participate in rehearsals. As a reminder, please contact Mr. DeWinter at Jeremy.dewinter@cobbk12.org and Mr. Smith at Chad.smith@cobbk12.org to communicate any student absences.

Student Illness

Students should be instructed to inform a staff member immediately if they begin to feel ill and should be removed from rehearsal immediately. Parents must be available to pick up students during all scheduled rehearsal times. There must be a place to have students who feel ill to wait, away from the rest of the group, until they are picked up.

Accurate emergency contact information must be provided by each participant/family.

Rehearsal Process

All rehearsals will be completed outside on the Bus Lot of SES and the SES Field. During All rehearsals students must comply with the following expectations:

- Maintain a minimum of 6 feet social distancing during all activities
- Stay Place in rehearsal formation (all Arcs and Blocks will be set with minimum of 6 feet distancing)
- A Face Covering is REQUIRED at all times. When playing, you must be wearing your performance mask.
- No sharing of any instruments, supplies or equipment
- All sections will be assigned specific spaces in the Bus Lot of Field for all Warm-Up Arcs
- All Marching Fundamentals will be done on the SES Field

Social Distance and Masks

Students, staff, and volunteers are directed to maintain social distance at all times. While in rehearsal, students will be either in basics block, drill, or music sectionals, which will incorporate social distancing. Some larger sections may be split up to help enforce this.

All staff, students and volunteers are *required* to wear masks at all times.

All students will need to maintain social distancing when transporting and moving any equipment. During all water breaks students will be required to maintain social distancing.

Rain/Lightning Plan

Every attempt will be made to be proactive to avoid any run-in with lightning/rain. In the event of unexpected rain/lightning, we will have students (socially distanced) walk into the SES Cafeteria as a holding area until they are picked up by a parent or guardian. Because of this, parents and guardians must be readily available to pick up their student during any rehearsal time.

Music Sectional Location

This will be announced to students/leaders ahead of time with adequate time provided for transition/set-up/sanitizing/etc.

Equipment/Instruments

No students will be permitted in the building to store or retrieve any instruments or supplies. All students will need to personally manage and transport their instruments to and from rehearsals and performances. All students will be required to provide their own music stand, lyre and flip folders for rehearsals. **There is to be no sharing of equipment at any point.**

Restrooms/Water Breaks

During any rehearsal on SES Lot or SES Field, students will be permitted to enter SES for use of restroom facilities. Students will only be permitted to enter the restroom one at a time, and only during specified breaks. All water fountains in the building are disabled, and we will not be able to provide water during breaks. ***Students MUST bring their own water to rehearsals in an insulated water jug.***

Brass Spit-Valve

Brass players must be aware of where they empty their spit during any rehearsal. We ask that this not be done on any rehearsal field and in an area far away from any other members, staff, and volunteers

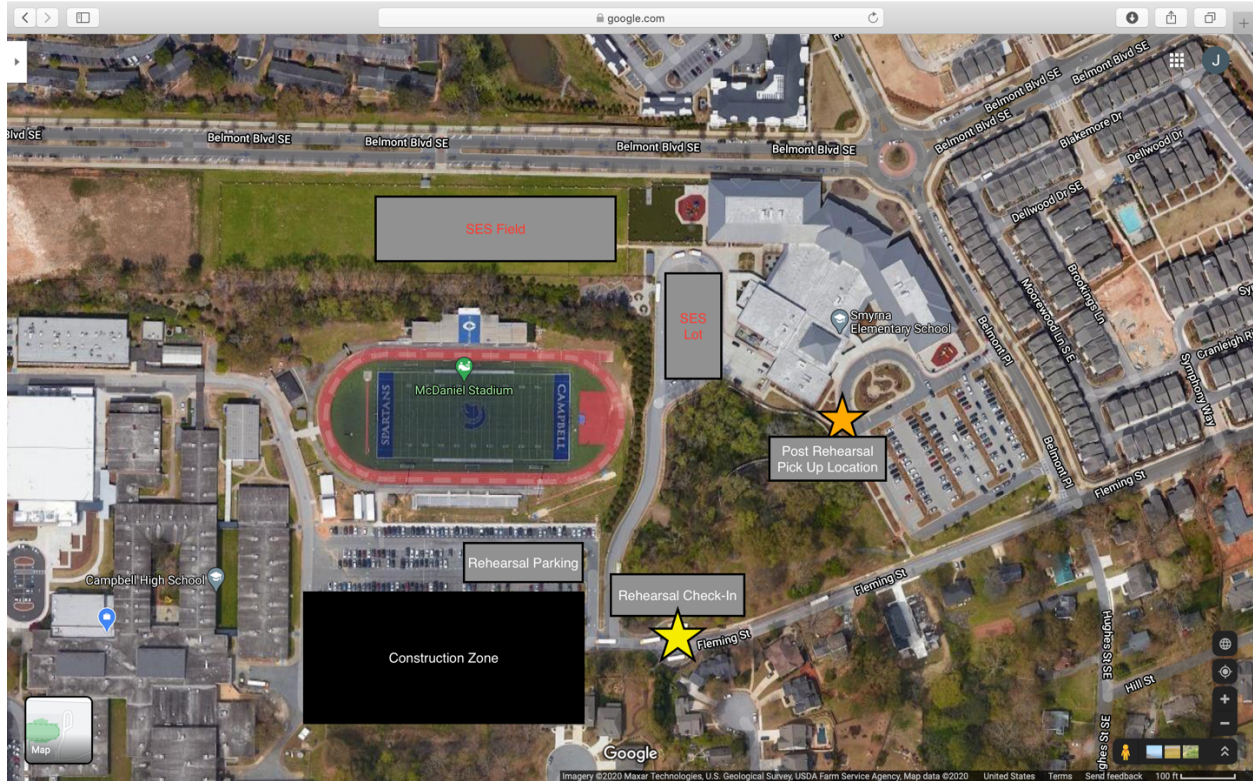
SES Lot/Field Break Locations/Assignments

Each section will be assigned a specific break location in the SES Lot/Field to use for all rehearsal breaks. We will have distance markings set up at each break location. Students will be asked to set up their own “break zone” before rehearsals and adhere to social distance guidelines. We encourage students to bring folding or camping chairs where they can sit, socially distanced, and socialize. Masks should be worn during all breaks.

Dismissal

Unlike in the past, there will be very little to no equipment to put away after rehearsals. Tubas and percussion will need to take their equipment home with them. All student drivers will be required to leave campus immediately. All student riders will wait in break locations until called meet your ride.

Rehearsal Map



All students and parents will enter campus through Fleming St. and Proceed to Rehearsal Check In Location. Once you have checked in, you may park or drop of your student and exit circling the round-about.

Following Rehearsal, parents may wait in line in the front parking lot of Smyrna Elementary School.

Instrument Bell Cover Directions

INSTRUMENT	Bell Size (Diameter)	Bell Size (Circumference)	Template Diameter	Elastic Length
Clarinet	3 in.	9.4 in.	5 in.	7 in.
Bass Clarinet	5 in.	15.7 in.	7 in.	11 in.
Alto Sax	5 in.	15.7 in.	7 in.	11 in.
Trumpet	5 in.	15.7 in.	7 in.	11 in.
Tenor Sax	6 in.	18.8 in.	8 in.	14 in.
Bari Sax	8 in.	25.1 in.	10 in.	20 in.
Trombone	8 in.	25.1 in.	10 in.	20 in.
Mellophone	10 in.	31.4 in.	12 in.	27 in.
Sousaphone	26 in. ?	81.7 in.	28 in.?	76 in.

Required Supplies and Materials

- Thick, opaque, stretchable material
 - https://www.joann.com/performance-nylon-spandex-fabric/zprd_16734576a.html
 - 80 denier tights work for a 7" diameter or smaller template
 - Elastic (¼ to ¾ thickness works well)
 - Thread to match material
 - Paper or cardboard to create template
 - A safety pin is helpful to thread the elastic
1. Look at the chart above to create the correctly sized template.
 2. Trace and cut out **TWO** circles of fabric for each instrument cover.
 3. Place the **CORRECT SIDES** of the two fabric circles together.
 4. Sew the two circles together along the edge (about ¼ inch) keeping a small hole big enough to turn the material right side out.
 5. Once the edge is sewn, turn the material right side out. Stretch the material a bit until the fabric resembles a circle.
 6. Measure from the edge about ⅝ inch and sew a second circle to create an elastic pocket.
 7. Using a safety pin, thread the elastic through the open hole around the perimeter of the cover until the elastic comes back to the original hole.
 8. Overlap the two ends of the elastic and stitch together.
 9. Sew the hole for the elastic closed.
 10. Stretch around the cover to make the gatherings even. The finished product will resemble a shower cap.

<https://youtu.be/tEifKVqaTDQ>

<https://youtu.be/zeuchFmoVnM>

MUSICIAN FACE MASKS

You'll need to use a stretchy fabric so that the sides can be pulled in to get the mouthpiece in.

PLEATED MASK: I struggled to make this work and not be baggy. There are a million mask tutorials on the internet. Use one that's double layered, but cut the two layers in this pattern and then overlap until the width is correct for what you need. (This will work much better with a wire for the nose.) **PLEATED MASK PATTERN**

FITTED MASK: Works much better, slightly more work...

FITTED MASK PATTERN

It seems more complicated than the other one, but doesn't really take more time and stays on way better. Here are some basic instructions. First, measure to make sure that your pattern printed out the right size.

1. Cut out mirror images of the pattern (with fabric on right side, cut one, then turn the pattern over for the other)
2. Use a serger to sew around all sides of both pieces
3. On the wrong side of the fabric, sew the three pleats on both pieces
It should make a cup when you're finished. Do the same thing to both pieces, *sewing on the wrong sides of the fabric.*
4. Nestle the two cups inside of one another so that the seams line up. Like spoons, the back side of one should be touching the front side of the other with the two wings hanging out on each side. (Sorry no picture of this!) Sew over the top and bottom curves where the two cups overlap.
5. Pull the whole thing through, like turning a sock inside out
6. Sew a little bit down on the curves to hold them in place. There are four, two you'll be able to see two in the front and two in the back.
7. Attach elastic or ribbons. (Elastic doesn't hold up as well as ribbon with many washings.)
8. You might end up editing the pattern. Mine was a little big so I sewed an extra pleat into the chin after everything else.

<http://www.unitedsound.org/mask>

<https://youtu.be/LtzAScs-iMw>